



# 2017-2018 Alliance Coach Bio

Name: [Laura Burk](#)

## **Professional Background:**

Laura is a certified yoga instructor and will be a contributor (working along side Anna Del Prado Sellers) to the Alliance Yoga Program for the 2018 season.

## **Personal:**

Laura Burk brings a wealth of youth experience to Alliance with ten years of coaching club volleyball in Middle Tennessee. This is her fifth year with Alliance Volleyball. Laura is a stay at home mom to four spirited children (Bella, Ben, James, and Isaac) and is married to Kevin. Kevin is a former D1 Soccer Coach at Lipscomb University and Director of Tennessee Soccer Club (TSC). Laura also serves as our Youth Program Coordinator, as well as Coaches' Representative on the Alliance Board of Directors.

## **Education:**

Laura earned a degree in Kinesiology from the University of Wisconsin – Milwaukee.

## **Coaching Philosophy:**

Laura is passionate about teaching the game to the youngest members of the volleyball community, and that passion is evident in the energy and positivity she brings to the gym. After spending the last few seasons with our 13s age group, Laura is moving to the 12s which is a natural fit given the training programs she has implemented and coached for the 5-12 year olds with Alliance. Laura's focus on fundamentals, ball control and court movement with these younger players has prepared them well as they enter club volleyball at the 12s level.

## **Playing Experience:**

A Wisconsin native, Laura was a 4-year varsity player at Baraboo High School. A 3 year All-Conference award winner and High School Athlete of the Year, Burk went on to play two years of junior college before transferring to University of Wisconsin - Milwaukee